

New Study: IVF Success Increased by 65%

Women undergoing IVF were 65 percent more likely to become pregnant when they combined the procedure with acupuncture, a recent study has shown.

The remarkable success rate occurred across seven acupuncture trials involving 1,366 women in a systematic review and meta-analysis published in a February, 2008 issue of the *British Medical Journal*.

Acupuncture was delivered either just before or just after embryo transfer – a step in the process of in vitro fertilization (IVF) whereby one or several embryos are placed into the uterus.

The research was carried out by scientists from the University of Maryland in the United States and the VU University of Amsterdam in Holland.

It is thought that acupuncture stimulates the neurotransmitters that trigger the production of gonadotrophinreleasing hormone, which controls the menstrual cycle and a woman's ovulation.

Acupuncture is also thought to stimulate blood flow to the uterus and boost the production of endogenous opioids, inducing the body to relax.

Acupuncture has been used for centuries to regulate fertility. Please call us for more information.